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Diabetes Research & Wellness Foundation®  
5151 Wisconsin Avenue, NW, Suite 420  
Washington, DC 20016  
202-298-9211

Please allow 4 to 6 weeks for  
delivery of your first issue.

Email: [diabeteswellness@diabeteswellness.net](mailto:diabeteswellness@diabeteswellness.net)  
or call our Subscription Department  
Toll-Free at 1-866-293-3155

Hours of operation:  
Monday - Friday, 9am -5pm (EST)



Walter Bortz II, M. D.  
Chairman of DRWF Medical Advisory Board

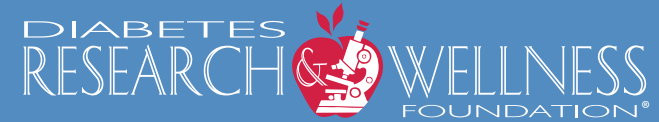
***"I can help you with your Diabetes--take this personal invitation to join; to read, to listen, to talk, to learn, to debate with diabetes experts."***

### Diabetes Wellness News Members:

- Are better informed about their diabetes,
- Learn about cutting-edge research, news and developments,
- Are well-informed consumers when purchasing new diabetes self-management products,
- Read reviews on the latest self-management books,
- Get great, new healthy recipes that are quick and easy to prepare,
- Read personal stories from fellow members living with diabetes,
- Get updates on clinical trials and results from recent studies,
- Learn how to start and maintain an exercise program.



[www.diabeteswellness.net](http://www.diabeteswellness.net)



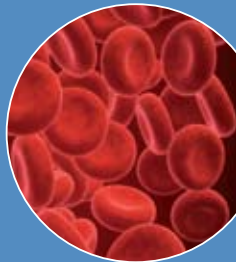
EDUCATION



WELLNESS



RESEARCH



[www.diabeteswellness.net](http://www.diabeteswellness.net)

## Who we are...

The Diabetes Research & Wellness Foundation is a nonprofit 501(c)(3) organization whose purpose is to help fund medical research and provide information and educational support to people living with, or at risk of, diabetes.

## Our Mission...

***"...staying healthy until a cure is found."***

Our mission is to help find the cure for diabetes and until that goal is achieved, to provide the care needed to combat the detrimental and life-threatening complications of this terrible disease. Since our inception in 1993 we have awarded more than \$25 million in research and educational grants for the cure to world-renowned clinics, hospitals and institutions.

## The Diabetes Wellness Network...

Since 1993, *Diabetes Wellness News* has provided... viable information - nationwide - to people living with diabetes. Its purpose is to bring people with diabetes closer through the sharing of knowledge and experience, as well as providing important health advice.

## Become a member and receive the following:

- **12 monthly issues of the Diabetes Wellness News** – an 8-page newsletter packed with articles on all avenues of diabetes healthcare, research and news.
- **Quarterly "Good Health" Pocket Diaries** – an essential tool in establishing good self-management skills, encouraging the recording of important daily information such as blood glucose monitoring, medication, diet and exercise, etc.
- **Free access to the Diabetes Helpline** - your toll-free non-urgent telephone access to a Certified Diabetes Educator for personal diary review and counseling.



## DRWF free programs and services available:

- **FREE Diabetes Awareness Necklaces.** Just send a self-addressed, stamped envelope to DRWF offices.
- **FREE Diabetes Educational Brochures.** Request your brochure online at [www.diabeteswellness.net](http://www.diabeteswellness.net)



## What people say about us...

*"Each month I depend on the Diabetes Wellness News to provide me with the latest research updates, the newest diabetes products on the market, and wonderful advice from the health professionals. Thank you for continuing my education of my diabetes."*

- A. Burke, Maryland

*"I really like the pocket diary that I get with my newsletter. It helps me to keep track of my readings and my progress."*

- B. Ostermueller

*"What a wonderful service, this has been so helpful to be able to talk to someone."*

- J.C. Massachusetts



### Administrative Offices:

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Suite 420 • Washington, DC 20016  
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## Become a member of the Diabetes Wellness Network™

Please complete this form to receive your monthly copy of the *Diabetes Wellness News*, your Good Health Pocket Diary, and access to the toll-free Diabetes Helpline. Complete (A) if your method of payment is by check or money order. Complete (B) if your method of payment is by credit or debit card. Please mail the completed form with your payment.

**A**

Application for membership of the Diabetes Wellness Network™ by check or money order

- \$24 Membership for one year
- \$40 Membership for two years

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Please check one:

- I enclosed a check or money order (made payable to DRWF) for \$\_\_\_\_\_.
- I have completed Form B to pay by credit/debit card.